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## Retreat Description | Connect Deeply

“The extraordinary thing about human connection is that it is all around us; that the ability to connect with others is one of our birthrights.” - Dr. Vivek Murthy

This program is all about finding deeper connection with yourself, your partner, connecting deeply with others and immersing yourself in the healing powers of nature. Those who are curious, and seek nature inspired experiences become deeply touched at our breathtaking, tropical oasis. Expect to return with a deeper understanding of your authentic healthy lifestyle and new connection to life.

### 7x Nights BAANI Couple Retreat

key concepts: #nature-connection #interconnectedness #mindful listening #Self-Care  
#Mindfulness - #Self-Compassion - #lifestyle #lifestyle habits #Resilience - #mindfulness  
movement

Hectic lifestyles, stress and lack of time often cause a feeling and sense of disconnection. Discover meaningful activities and rituals that restores the spirit of togetherness and connection.

Set amongst the beautiful lagoon, surrounded by the Elements, this is the perfect setting to slow down and allow yourself and your partner to immerse into the space of togetherness.

### Takeaways:

- rekindle the spirit of togetherness
- experience a new connection and appreciation for nature's beauty
- Find more connection to purpose in daily life
- Foundation for living a calmer and fulfilling life
- Mindfulness techniques that you can apply to your daily life

### Includes:

- 7x Night Accommodation for 2
- Daily Breakfast
- 1x romantic retreat, couples treatment, 2 hours
- 1x Him & Her - couples massage, 75 minutes
- 1x couples massage workshop, 60 minutes
- 1 x Sound of Baani - private couple session, 60 minutes
- 1x Romantic Candle light dinner including 5 course meal
- 1x Wellness Bathtub Therapy including a ½ bottle of Champagne
- 1x Pure Photo Session
- 1x Catamaran Sunset Sailing trip
- Complimentary access and use of gym

**Stay Window:** 21/02/21 until 31/10/21

### Price:

Lagoon Pool Villa | US\$6172.80 per couple  
Ocean Pool Villa | US\$6327.80 per couple  
Beach Pool Villa | US\$7077.20 per couple

### Terms & condition:

- In line with resort booking and cancellation policy
- Rates are per couple, double occupancy, Bed & Breakfast, and inclusive of Government Green Tax of \$6.00 per person and 12% GST
- Rates does not include transfers from the airport to the resort and is subject to be paid upon confirming booking
- Meal Plan Upgrade Supplement:
  - Bed & Breakfast to Half Board - US\$160.00 per person
  - Half Board to Premium All Inclusive - US\$170.00 per person
- All bookings to be confirmed with booking code - **CoupleRT21**

### Retreat Facilitator Team:

- Our resort and wellness team will be your guide on this personalized wellness journey

