



## SAY WHEN WELLNESS

'Say When Wellness' is a balanced combination of feel good experiences. Whether it is physical work outs or an indulgence into comforting high quality culinary delights, you are bound to experience a 5-day escape into a reality of goodness and step out into the world feeling more energized, inspired and rejuvenated.

Kagi Maldives Spa Island is the island where you choose what you want and what you need for your health and your joy - you set the parameters. In the end, it's all about YOU!





# SAY WHEN WELLNESS

## 5 Nights Stay

### Package Inclusion:

- 5x Nights' Accommodation and return speedboat transfers
- Daily Breakfast
- Welcome Refreshment on arrival and introduction of island with Kagi Pure Life Ambassador
- 3x Wellness Activities from the Say When Wellness Menu, per day: Wellness Activities are selected by the guest preference form, subject to the scheduled days activities are available. Spa Treatments, Personal Training, Bath Rituals can be booked any day guest wish
- 2x Lifestyle Activities from the Say When Wellness Menu, per day: Lifestyle Activities are selected by the guest preference form, subject to the scheduled days activities are available. Scuba Diving and Water Sports can be booked via guest preference.
- 1x 3-Course Dinner in the esteemed Nonna Italian Ala Carte Restaurant – available for bookings on Monday, Wednesday and Friday
- 1x 3 – Course Dinner in the pacific fusion cuisine Ala Carte Restaurant, Ke-Un – available for bookings on Sunday, Tuesday, Thursday and Saturday
- 3x Lunch in the Spa Corner Restaurant – available for any 3 days during the stay
- Daily 1x Complimentary Cocktail – with a Vitamin Twist or a Relaxation Twist

Package is valid for stays between 01/02/2023 until 31/10/2023. Rates depend on the selected period. Package can be booked on Single or Double Occupancy.

Contact our team for the Say When Wellness package:

[reservations@kagimaldives.com](mailto:reservations@kagimaldives.com)

OR

+960 664 0123



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## SAY WHEN WELLNESS ACTIVITIES:

WELLNESS ACTIVITIES :	<b>Choose 3x Activities Per Day:</b>
	• Personal Training Session (Available any day)
	HITT Cardio Focus 60 - Minutes
	Strength Focus 60 - Minutes
	Core Focus 60 - Minutes
	• Sound Healing Session (Available Sunday and Wednesday)
	• Guided Meditation. (Available Monday, Wednesday, Friday)
	• Mat Pilates (Available Monday and Friday)
	• Hatha Yoga (Available Monday, Wednesday, Friday)
	• Evening detoxifying Himalayan Salt Bath in your villa (Any Day)
	• Baani Spa Treatment (Available any day)
	Stress reliever Back Massage (60 min)
	Muscle ease massage (60 min)
	Balinese Massage (60 min)
	Manicure & Pedicure Total - Two Hours (120 min)
	• Morning Rise Stretching (Tuesday, Wednesday, Thursday, Friday, Saturday)
	• Sauna/Steam Room
	• Sunset Yoga. (Available on Tuesday, Thursday and Saturday)
	• Aqua Aerobics (Available on Wednesday)
LIFESTYLE ACTIVITIES:	<b>Choose 2x Activities Per Day:</b>
	• Sunset Cruise (Available on Tuesday, Thursday and Sunday)
	• Scuba Diving Lagoon Intro
	• Glass bottom kayaking
	• Paddle boarding
	• Wind surfing
	• Mirage Eclipse Board
	• Guided House Reef Snorkeling
CULINARY ACTIVITIES:	• 3x Spa Corner Lunch included
	• One Time 3x Course Dinner in Nonna included (Monday, Wednesday, Friday)
	• One Time 3x Course Dinner in 'Ke-Un included. (Sunday, Tuesday, Thursday, Saturday)
	• Daily 1x Cocktail Included
	• Once off Organic Bottle of Sparkling Tea – alcoholic or non-alcoholic and healthy canapes

